

New Jersey

NEW JERSEY

Overall Rank: 16



Change: ▲ 10
 Determinants Rank: 15
 Outcomes Rank: 20

Strengths:

- High percentage of diabetes management
- Low prevalence of falls
- High percentage of quality nursing home beds

Challenges:

- High percentage of hospital readmissions
- High ICU use in last 6 months of life
- Low volunteerism

Highlights:

- In the past year, nursing home quality increased 20% from 44.2% to 53.1% of beds rated 4- or 5-stars.
- In the past year, food insecurity decreased 14% from 13.7% to 11.8% of adults aged 60+.
- In the past year, low-care nursing home residents decreased 15% from 13.0% to 11.1% of residents.
- In the past 2 years, physical inactivity decreased 10% from 33.3% to 30.1% of adults aged 65+ in fair or better health.
- In the past 3 years, preventable hospitalizations decreased 19% from 68.8 to 55.5 discharges per 1,000 Medicare beneficiaries.

Ranking:

New Jersey ranks 16th in *America's Health Rankings® Senior Report*; it was 26th last year. In the 2015 *America's Health Rankings®* (all ages), the state ranks 11th.

State Health Department Website:

www.state.nj.us/health

	Value	2016 Rank	No 1 State
Behaviors			
Smoking (% of adults aged 65+)	9.0	27	4.5
Excessive Drinking (% of adults aged 65+)	7.0	33	2.9
Obesity (% of adults aged 65+)	27.3	22	14.1
Underweight (% of adults aged 65+ in fair or better health)	0.9	2	0.7
Physical Inactivity (% of adults aged 65+ in fair or better health)	30.1	21	22.7
Dental Visit (% of adults aged 65+)	70.0	15	78.1
Pain Management (% of adults aged 65+ with joint pain)	43.8	34	53.2
Behaviors Total	0.058	14	

Community & Environment			
Poverty (% of adults aged 65+)	8.6	25	4.3
Volunteerism (% of adults aged 65+)	20.7	40	46.3
Nursing Home Quality (% of 4- & 5-star beds)	53.1	6	62.9
Community & Environment—Macro Total	0.030	22	
Home-Delivered Meals (% of adults aged 65+ in poverty)	23.0	24	101.3
Food Insecurity (% of adults aged 60+)	11.8	11	8.3
Community Support (dollars per adult aged 65+ in poverty)	\$580	29	\$6,701
Community & Environment—Micro Total	0.032	19	
Community & Environment Total	0.062	24	

Policy			
Low-Care Nursing Home Residents (% of residents)	11.1	24	4.1
SNAP Reach (% of adults aged 60+ in poverty)	74.7	18	124.4
Prescription Drug Coverage (% of adults aged 65+)	85.0	22	88.0
Geriatrician Shortfall (% of needed geriatricians)	52.4	9	25.8
Policy Total	0.052	12	

Clinical Care			
Dedicated Health Care Provider (% of adults aged 65+)	95.4	10	96.9
Flu Vaccine (% of adults aged 65+)	59.4	31	70.7
Health Screenings (% of adults aged 65 to 74)	87.0	20	92.3
Recommended Hospital Care (% of hospitalized patients aged 65+)	97.5	26	98.7
Diabetes Management (% of Medicare beneficiaries aged 65 to 75)	84.7	3	86.2
Home Health Care (number of workers per 1,000 adults aged 75+)	76.7	40	278.8
Preventable Hospitalizations (discharges per 1,000 Medicare beneficiaries)	55.5	34	24.4
Hospital Readmissions (% of hospitalized patients aged 65+)	15.9	46	12.4
Hospice Care (% of decedents aged 65+)	48.1	33	65.5
Hospital Deaths (% of decedents aged 65+)	25.4	47	15.3
Clinical Care Total	-0.030	39	
All Determinants	0.143	15	

Outcomes			
ICU Use (% of decedents aged 65+)	22.7	50	4.4
Falls (% of adults aged 65+)	23.6	2	20.6
Hip Fractures (hospitalizations per 1,000 Medicare beneficiaries)	5.2	9	3.1
Health Status, Excellent or Very Good (% of adults aged 65+)	41.1	28	50.7
Able-bodied (% of adults aged 65+)	66.9	9	69.6
Premature Death (deaths per 100,000 adults aged 65 to 74)	1,619	15	1,394
Teeth Extractions (% of adults aged 65+)	13.0	14	6.4
Frequent Mental Distress (% of adults aged 65+)	6.8	24	4.7
All Outcomes	0.094	20	
Overall	0.237	16	

	Value	2016 Rank	No 1 State
Supplemental Measures			
Education (% of adults aged 65+)	27.5	15	34.0
Overuse—Mammography (% women aged 75+)	21.5	6	18.6
Overuse—PSA Test (% men aged 75+)	21.8	44	11.5
Multiple Chronic Conditions (% of Medicare beneficiaries aged 65+)	43.4	49	22.0
Cognition (% of adults aged 65+)	8.2	20	6.3
Depression (% of adults aged 65+)	12.7	5	8.2
Suicide (deaths per 100,000 adults aged 65+)	9.1	2	7.6

Senior Population Growth	State	US
Projected Increase 2016 to 2030	41.4	49.5